



# Te Ara Whakapiki 2007

## *Results for Māori Young People from Youth'07*



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# Methodology

methodology

- All mainstream students with school roll  $> 50$  who reported Māori ethnicity (n=1702)

results

- 10 Wharekura with a school roll  $> 50$  who reported Māori ethnicity (n=357)

summary

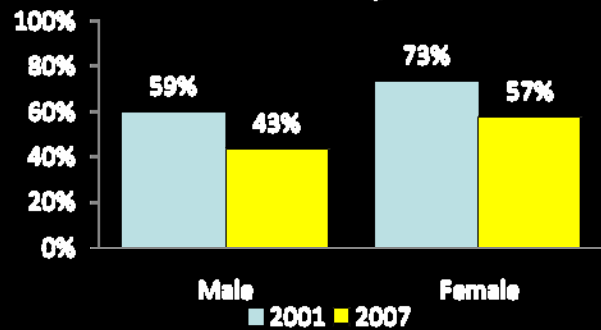
- A total combined sample of 2059 Māori students

implications

- Inclusion criteria : attending a secondary school with a roll  $> 50$  students, 12-18 years old and Māori ethnicity
- Adjustment for complex sampling design

# Results: Improvements

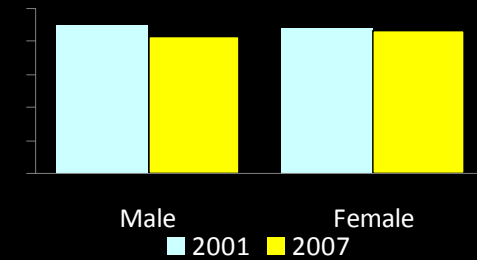
### Ever Smoked Cigarettes



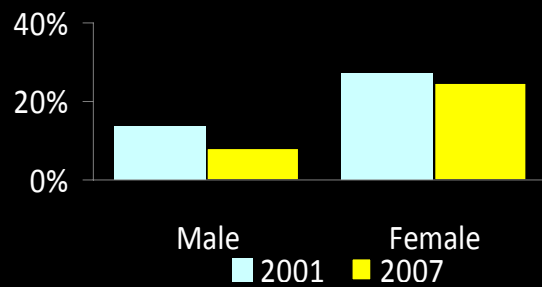
### Marijuana Use



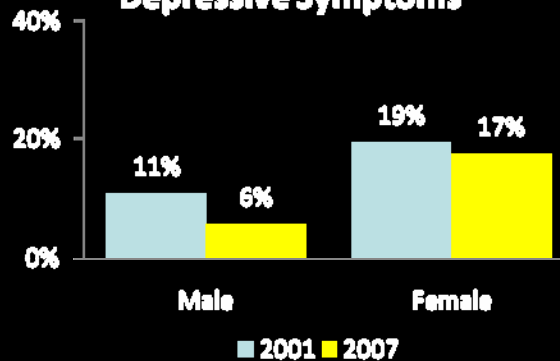
### Tried Alcohol



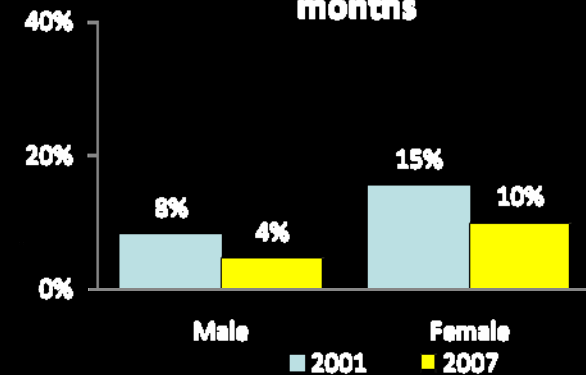
### Sexual abuse and coercion



### Depressive Symptoms



### Suicide Attempts in the last 12 months





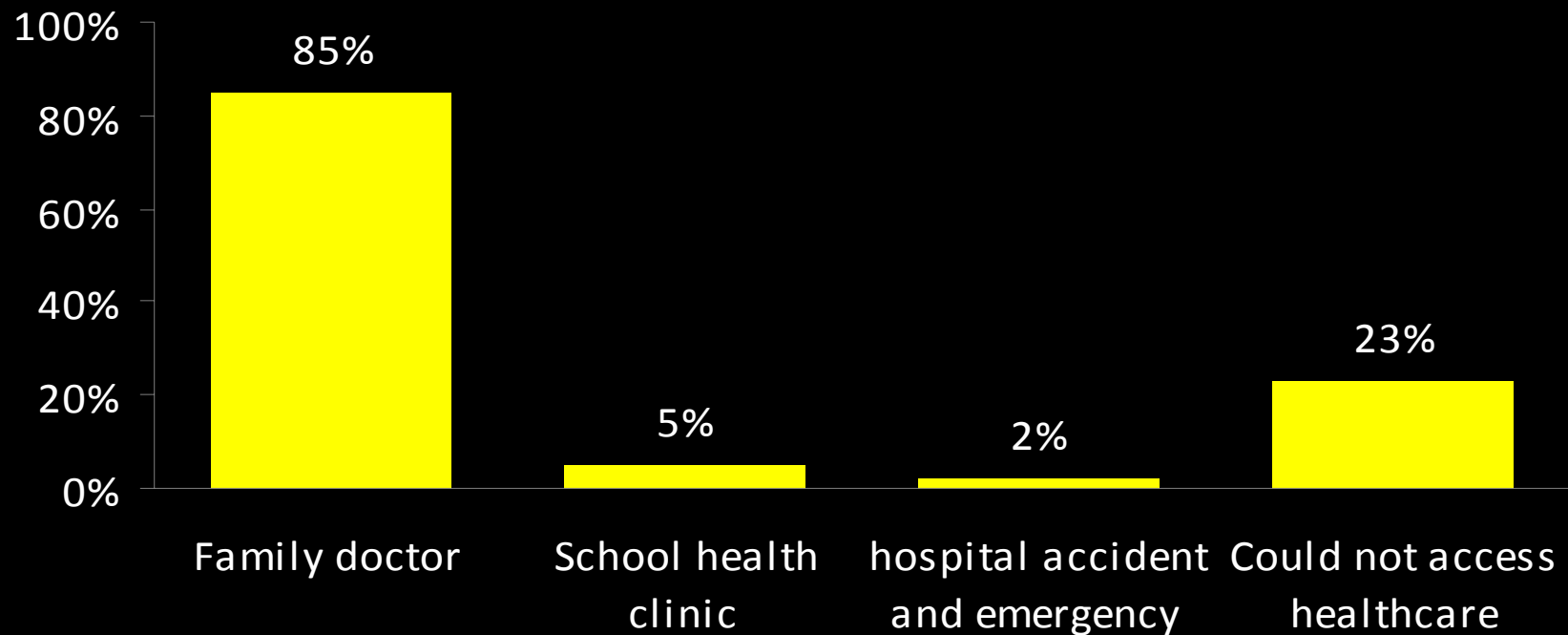
## Results: Disparities

- More likely to come from economically deprived environments (NZDep) lower decile schools and have overcrowded homes
- Almost twice as likely to attempt suicide
- 3 x more likely to use cigarettes and marijuana
- Less likely to consistently use contraception (74% vs. 87%)
- 2.5 x more likely to be obese (6% vs. 16%)
- Less likely to feel safe in their neighbourhoods (80% vs. 84%)



## Access to healthcare

### Access to healthcare in the past 12 months





## Results: Strengths

methodology

results

summary

implications

- 97% report they are proud to be Maori
- 87% said their parents care about them very much
- 34% speak and 39% understand te reo Māori fairly well or better
- 75% of Māori say they want to stay at school until year 13 (form 7)
- 88% feel part of their school
- 40% report they have regular part-time work



# Summary

methodology

results

summary

implications

- Some improvements in health since 2001 for mental health and substance use
- Disparities for Māori compared to NZ European youth
- Māori youth report many strengths and assets



# Implications

methodology

results

summary

implications

The challenge for us now is to listen to what young Māori are saying and improve access to health care, reduce socio-economic disparities and increase the opportunities for young people to reach their fullest potential and aspirations for the future

