



Youth'07

**Adolescent
Health
Research
Group**



The University of Auckland
Private Bag 92019
Auckland
New Zealand

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PARTICIPANT INFORMATION SHEET

2007

Dear teacher,

My name is Dr Simon Denny and I am a Specialist Adolescent Physician and Senior Lecturer in the Department of Paediatrics at the University of Auckland.

I am part of the Youth2000, a research team examining the health and wellbeing of New Zealand's youth. In 2001 we undertook the first national health and wellbeing survey of New Zealand secondary school students – Youth'01.

The results of that work has been of great value and been used by many schools, communities, organizations and agencies to work to improve outcomes for young people in their communities. Sufficient funds have now been secured from the Health Research Council in partnership with 8 government ministries and agencies to repeat this youth health and wellbeing survey in 2007.

Youth'07 will follow on from Youth'01 with the aim to collect, analyse and disseminate accurate and comprehensive information on the health of New Zealand youth. As part of the Youth'07 we are also surveying teachers at the selected schools. The teachers' survey focuses on school climate and teachers' general health. This is to examine the link between school climate and student health and wellbeing. School climate here refers to the climate of the school in terms of a working environment for teachers.

I would like to invite you to participate in this research by completing this survey questionnaire. You are under no obligation to participate. Participation is voluntary and you can stop answering it at any time if you want. Completing the questionnaire should take about 15 minutes. The questionnaire is totally anonymous so no individual's responses can or would be identified. We are also interested in any comments that you might have regarding the questions, or the climate of your school.

Thank you for your time considering this project. Please see inside page for other important information.

Dr. Simon Denny

PLEASE KEEP THIS PAGE FOR YOUR RECORDS.

OTHER IMPORTANT INFORMATION

If you have any queries or wish to know more about the study please feel free to contact me in the contact details provided. Alternatively you could contact the Head of the School:

Professor Alistair Woodward
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The University of Auckland
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For any queries regarding ethical concerns please contact:

The Chair
The University of Auckland Human Subjects Ethics Committee
Office of the Vice Chancellor
Research Office
Private Bag 92019, Auckland
Tel. (09) 373-7999 ext. 87830

**Approved by the University Of Auckland Human Participants Ethics Committee on 13
July 2006 for a period of 3 years, from 8/12/2005. Reference 2005/414**

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SECTION A: School Climate (Part 1)

What is the name of **your school**?

School Climate (Part 2)

The following are statements about this school and your actual working environment. Think about how well each statement **AGREES WITH YOUR DESCRIPTION OR VIEWS** of your school environment. Please use the scale below to circle the number that indicates the extent to which you agree or disagree with each statement. (**CIRCLE ONLY ONE ANSWER**)

If you are unsure about how to answer, please give the best answer you can. If you change your mind, put an X through that response, and indicate the answer you want to be counted.

1 Strongly Disagree	2 Disagree	3 Neither Agree nor Disagree	4 Agree	5 Strongly Agree
The health and welfare staff (e.g., guidance counsellor, nurse, social worker) are generally available to help students.				
I feel accepted by other staff.				
Most staff have a good understanding of working with students from other ethnic groups.				
Staff are encouraged to be innovative in this school.				
The staff at this school support students who identify as gay, lesbian, bisexual or transgender.				
There is effective communication between staff and senior management in this school.				
There are effective mechanisms for dealing with disruptive students in this school.				
Staff at this school have access to professional development/training.				
Staff value parent/care-giver participation in school activities.				
Most students are friendly to staff.				
I feel that I could rely on my colleagues for assistance if I needed it.				
The staff at this school have the skills required to address the needs of an ethnically diverse student population.				
There is a high degree of consensus within the staff with regard to what the school is trying to achieve.				
This school meets the needs of students who identify as gay, lesbian, bisexual or transgender.				
Staff are frequently asked to participate in decisions concerning administrative policies and procedures.				



1 Strongly Disagree	2 Disagree	3 Neither Agree nor Disagree	4 Agree	5 Strongly Agree
Staff at this school keep up to date with professional development/training.				1 2 3 4 5
I feel I have many friends among my colleagues at this school.				1 2 3 4 5
This school creates opportunities for interaction between staff and parent/care-giver.				1 2 3 4 5
Most students are helpful and cooperative with staff.				1 2 3 4 5
I feel comfortable referring students to the health and welfare staff (e.g., guidance counsellor, nurse, social worker).				1 2 3 4 5
Staff are encouraged to learn effective skills for working with students from other ethnic groups.				1 2 3 4 5
Some staff lack the skills needed to work effectively with students who identify as gay, lesbian, bisexual or transgender.				1 2 3 4 5
There are regular meetings that keep everyone in this school informed.				1 2 3 4 5
There are support staff who are able to help with disruptive students in this school.				1 2 3 4 5
Staff have little say in the running of the school.				1 2 3 4 5
This school provides resources and time for professional development/training.				1 2 3 4 5
The needs of students from different ethnic groups are addressed effectively at this school.				1 2 3 4 5
The needs of students who identify as gay, lesbian, bisexual or transgender are inefficiently addressed at this school.				1 2 3 4 5
Senior management keep staff informed about events in this school.				1 2 3 4 5
There is lack of communication between staff and senior management at this school.				1 2 3 4 5
The needs of disruptive students are not well addressed in this school.				1 2 3 4 5
The senior management ask for help from staff in finding solutions to problems.				1 2 3 4 5
Parent/care-giver participation is encouraged at this school.				1 2 3 4 5
Staff at this school like to try new strategies to increase student competencies.				1 2 3 4 5
I often feel ignored by other staff.				1 2 3 4 5
This school puts special emphasis on dealing with disruptive students.				1 2 3 4 5
Staff are able to voice their concerns about problems in this school.				1 2 3 4 5
Strict discipline is needed to control many of the students.				1 2 3 4 5
New and different ideas are being tried in this school.				1 2 3 4 5
Professional development/training is not a part of this school's culture.				1 2 3 4 5



1 Strongly Disagree	2 Disagree	3 Neither Agree nor Disagree	4 Agree	5 Strongly Agree
The health and welfare staff provide effective assistance for students who need help.				1 2 3 4 5
Staff are encouraged to respond to disruptive students in a consistent and timely manner.				1 2 3 4 5
The senior management encourages staff to share what they have learnt in professional development courses with colleagues.				1 2 3 4 5
The senior management encourage parent/care-giver participation through a range of school activities.				1 2 3 4 5
There is no clear plan for dealing with disruptive students at this school.				1 2 3 4 5
Most students are well-mannered and respectful to the school staff.				1 2 3 4 5
I have referred students to the health and welfare services (e.g., guidance counsellor, nurse, social worker).				1 2 3 4 5

School Climate (Part 3)

How do you feel about this school?

1. I like this school a lot
2. I like this school a bit
3. It's OK
4. I dislike this school
5. I dislike this school a lot

How interconnected are you with this school?

(Please circle the picture that best describes the link between you and this school)



School Climate (Part 4)

The following items can be used to describe classroom atmosphere. Please use the scale below to indicate the extent to which you agree or disagree that each statement describes the students in the class that you teach.

1 Strongly Disagree	2 Disagree	3 Neither Agree nor Disagree	4 Agree	5 Strongly Agree				
STUDENTS IN MY CLASSES GENERALLY...								
Share their concerns with staff members.				1	2	3	4	5
Disrupt what others are doing.				1	2	3	4	5
Join class discussions.				1	2	3	4	5
Are concerned about achievement.				1	2	3	4	5
Are restless.				1	2	3	4	5
Call answers out of turn.				1	2	3	4	5
Ask for comfort and support when needed.				1	2	3	4	5
Care about what they do.				1	2	3	4	5
Express their feelings.				1	2	3	4	5
Compete with each other in a positive way.				1	2	3	4	5
Are motivated.				1	2	3	4	5
Talk about their homes and families.				1	2	3	4	5
Bicker and quarrel with each other.				1	2	3	4	5
Are inattentive.				1	2	3	4	5
Are concerned about community and/or social issues.				1	2	3	4	5
Like to be challenged academically.				1	2	3	4	5
Respect cultures different from their own.				1	2	3	4	5
Recognize each other's individual strengths.				1	2	3	4	5
Respect viewpoints different from their own.				1	2	3	4	5
Enjoy working together.				1	2	3	4	5



School Climate (Part 5)

Using the scale below, select your best answer for each question.

1 Never	2 Once or Twice	3 Three to Five Times	4 Six or More Times
DURING THIS SCHOOL YEAR...			
How often have you been afraid that a student will hurt you at school?			1 2 3 4
How often have you brought something to school to protect yourself?			1 2 3 4
How often has a student at school threatened to hurt you?			1 2 3 4
How often has a student attempted to hit you or actually hit you when you were at school?			1 2 3 4

SECTION B: Background Items (Part 1)

Your age: _____ years	Gender: 1. Female 2. Male
Which ethnic group do you belong to? (please choose as many as apply to you)	
1. NZ European 2. Maori 3. Samoan 4. Cook Islands Maori 5. Tongan 6. Niuean 7. Chinese 8. Indian 9. Other European 10. Other: _____	
How long have you been working in this school? _____year(s) / _____month(s)	
Please indicate your current designation at school:	
1. Senior Management (Associate Principal, Deputy Principal and Assistant Principal Designations) 2. Middle Management (Head of Department, Assistant Head of Department Designations) 3. Teacher 4. Other: _____	
How long have you been a teacher? _____year(s) / _____month(s)	
Have you taught outside New Zealand?	
1. Yes 2. No	
What Year (form) are you currently working with? (choose as many as apply to you)	
1. Year 8 (form 2) and/or below 2. Year 9 (form 3) 3. Year 10 (form 4) 4. Year 11 (form 5) 5. Year 12 (form 6) 6. Year 13 (form 7) 7. All	



Are you involved in extra-curricular activities with students in your school (e.g., sports/cultural groups/clubs or camps)?

1. Yes 2. No

If 'YES', how many hours per week are you involved in extra-curricular activities?

1. less than one hour per week 2. 2-4 hours 3. 5-7 hours
 4. 8-10 hours 5. more than 10 hours per week

For you: 1. this is too much 2. about right 3. not enough amount of time

Background Items (Part 2)

This section provides a list of six types of values in alphabetical order. Please **rate and rank order** each one of them.

1. First **rate** how important each type of value is for you as a guiding principle in your life using the scale below.

AS A GUIDING PRINCIPLE IN MY LIFE, this type of value is:

Completely unimportant 1	2	3	Important 4	5	6	Of the utmost importance 7	RANK ORDER	
EXCITEMENT (to value emotion, pleasure, sexuality)							1 2 3 4 5 6 7	
EXISTENCE (to value health, personal stability, survival)							1 2 3 4 5 6 7	
INTERACTIVE (to value affectivity, belonging, social support)							1 2 3 4 5 6 7	
NORMATIVE (to value obedience, religiosity, tradition)							1 2 3 4 5 6 7	
PROMOTION (to value power, prestige, success)							1 2 3 4 5 6 7	
SUPRAPERSONAL (to value beauty, knowledge, maturity)							1 2 3 4 5 6 7	

2. Now consider the list again and **rank order** each type of value from 1 to 6, where 1 = most important to you as a guiding principle in your life, and 6 = least important. Please write the correspondent number in the blank space provided.



SECTION C: General Health (Part 1)

This part of the survey asks for views about your health. Please answer every question by marking only one option. If you are unsure about how to answer, please give the best answer you can.

Please indicate for each of the five statements which is closest to how you have been feeling over the last two weeks. Notice that higher numbers mean better wellbeing.

Example: If you have felt cheerful and in good spirits more than half of the time during the last two weeks, put a tick in the box with the number 3 in the upper right corner.

5 All of the time	4 Most of the time	3 More than half of the time	2 Less than half of the time	1 Some of the time	0 At no time			
<i>Over the last two weeks...</i>								
I have felt cheerful and in good spirits.			5	4	3	2	1	0
I have felt calm and relaxed.			5	4	3	2	1	0
I have felt active and vigorous.			5	4	3	2	1	0
I woke up feeling fresh and rested.			5	4	3	2	1	0
My daily life has been filled with things that interest me.			5	4	3	2	1	0

General Health (Part 2)

<p>In general, how would you say your health is?</p> <p>1. Excellent 2. Very good 3. Good 4. Fair 5. Poor</p>
<p>Is physical activity, sport or physical recreation an important part of your life?</p> <p>1. Not really 2. Sort of 3. Definitely</p>
<p>Do you smoke cigarettes regularly (that is, one or more a day)? (DON'T count pipes, cigars or cigarillos. Count only tobacco cigarettes.)</p> <p>1. Yes 2. No...</p> <p>If NO, have you ever been a regular smoker of one or more cigarettes a day?</p> <p>1. Yes 2. No</p>
<p>How often do you have a drink containing alcohol?</p> <p>1. Not at all, I don't drink alcohol 2. Monthly or less 3. 2 to 4 times a month 4. 2 to 3 times a week 5. 4 or more times a week</p>



General Health (Part 3)

Using the scale below, select your best answer for each question.

1 Always	2 Often	3 Sometimes	4 Seldom	5 Never / Almost Never
How often do you feel tired?				
1	2	3	4	5
Do you feel worn out at the end of the working day?				
1	2	3	4	5
Do you find it hard to work with students?				
1	2	3	4	5
How often are you physically exhausted?				
1	2	3	4	5
Are you exhausted in the morning at the thought of another day at work?				
1	2	3	4	5
Does it drain your energy to work with students?				
1	2	3	4	5
How often are you emotionally exhausted?				
1	2	3	4	5
Do you feel that every working hour is tiring you?				
1	2	3	4	5
Do you find it frustrating to work with students?				
1	2	3	4	5
How often do you think: "I can't take it anymore"?				
1	2	3	4	5
Do you have enough energy for family and friends during leisure time?				
1	2	3	4	5
Do you feel that you give more than you get back when you work with students?				
1	2	3	4	5
How often do you feel worn out?				
1	2	3	4	5
Is your work emotionally exhausting?				
1	2	3	4	5
Are you tired of working with students?				
1	2	3	4	5
How often do you feel weak and susceptible to illness?				
1	2	3	4	5
Does your work frustrate you?				
1	2	3	4	5
Do you sometimes wonder how long you will be able to continue working with students?				
1	2	3	4	5
Do you feel burnt out because of your work?				
1	2	3	4	5



SECTION D: Wrap-Up (Part 1)

Where did you answer this survey?

- | | |
|--------------------------------------|--|
| 1. At school, during a Staff Meeting | 2. At school, but NOT during a Staff Meeting |
| 3. At home | 4. Other: _____ |

Wrap-Up (Part 2)

If you would like to make comments about your school, the topics above, or topics not covered in the survey please write them below or on the back of the page if you need more space.

Thank you very much for helping with this research!

Tear here on the dotted line Tear here on the dotted line Tear here on the dotted line

BE IN TO WIN A NOKIA INTERNET TABLET HANDHELD!

Please tear this part off, write your name and school name below and drop it in the box provided.

Name: _____ **School:** _____

